



**Mentoring the Mentors in
Global Health Research
Workshop, May 23-24, 2013
Lima, Peru**



Global Health Fellows
NORTHERN PACIFIC GLOBAL HEALTH RESEARCH
FELLOWS TRAINING CONSORTIUM

Sol De Oro Hotel and Suites, 305 San Martin St. Miraflores, Lima-Peru

AGENDA

For Latin American mentors interested in nurturing early career investigators in biomedical and behavioral research

Faculty for program:

Patricia Garcia MD, MPH, PhD; *Dean, School of Public Health, Universidad Peruana Cayetano Heredia (UPCH)*

Andres G. (Willy) Lescano, MHS, PhD; *Head, Department of Parasitology, NAMRU-6, Peru*

Monica Gandhi MD, MPH; *Professor of Medicine, University of California, San Francisco (UCSF), U.S.*

Alicia Fernandez MD; *Professor of Medicine, University of California, San Francisco (UCSF), U.S.*

Joseph Zunt MD, MPH; *Professor of Neurology, University of Washington, Seattle, U.S.*

Learning objectives:

1. To form a cohort of mentors in global health research across Latin America for cross collaboration and ongoing training
2. To develop a conceptual framework for mentoring in global health research with examples (and a plan for dissemination)
3. To identify barriers to mentoring in global health research at the individual, institutional and global level with proposed solutions
4. To develop individual mentoring action plans and action plans for institutions in Latin America to support mentoring
5. To share well-developed tools and resources regarding mentoring fundamentals from UCSF/ University of Washington, Seattle

Thursday May 23

- 8:00am-8:30am: **Registration and Welcome**
Dr. Patricia Garcia, Dean, School of Public Health, UPCH
- 8:30-9:45am: **Ice-breaking exercise and introductions; Description of experiences as mentee**
Share a personal story of a problem or success story as a mentee (2 minutes each)
All participants
- 9:45-10:00am: **Workshop pre-survey exercise**
- 10:00-10:15am: **Coffee Break**
- 10:15-12:30pm: **Mentoring Fundamentals Part I** (*Audience discussion mediated by A. Fernandez*)
15 minute talks, 10-15 minutes discussion each
- Definitions of mentoring and components to a mentoring team (*M. Gandhi*)
 - Goals and expectations of the mentoring relationship (*Silvia Montano, MD, MPH, Senior Research Scientist, Bacteriology Department, US Naval Medical Research Unit Six*)
 - Monitoring the mentee progress (*W. Lescano*)
 - Time management for researchers and how to teach that to mentees (*M. Gandhi*)

- 12:30pm-2:00pm **Networking Lunch**
- 2:00pm-2:15pm **Videos from Peru on mentoring (triggering the discussion) – 1-2 videos:**
<https://vimeo.com/channels/321202>
P. Garcia
- 2:15-3:30pm: **Breakout session: What are individual and institutional challenges to mentoring and what are some solutions to these challenges?**
Audience groups of 4-5 members each with faculty facilitation
Each group with faculty facilitator (45 min); individual groups present to whole audience (45 min)
- 3:30-3:45pm: **Coffee Break**
- 3:45-4:45pm **Introduction to resources and tools of mentoring** as developed by UCSF's CTSI Mentoring Program (individual development plans; schedules, agenda, etc. for the mentor-mentee relationship)
M. Gandhi
[Mentoring Development Program materials](#)
- 4:45-5:30pm: **Audience goal discussion:** Fill out action plans what you hope to change about your mentoring as a result of this conference, lessons from today –*J. Zunt*

6:15pm: Please meet in the hotel lobby for group transportation to dinner.

7:00pm: Informal group dinner at local restaurant (Huaca Pucllana – c/General Borgoño cdra. 8, Lima)

Friday May 24

- 8:30am-9:15am: **Introduction, Summary of Day 1 Surveys, Overview of Day Two**
M. Gandhi
- 9:15-10:30am: **Mentoring Fundamentals Part II**
10 minutes talks (30 minutes for Dr. Fernandez), 10-15 minutes discussion each
 - Institutional commitment to mentoring- University of Washington experience (*Joe Zunt*)
 - Institutional commitment to mentoring- The UPCH experience (*Patty Garcia*)
 - Mentoring for research in diverse societies (*Alicia Fernandez*)*Audience discussion: W. Lescano*
- 10:30-10:45pm **Coffee Break**
- 10:30-12:15pm: **Breakout sessions, Mentoring Consultation Clinic**
 - Participants split into 5-6 person focus groups: One person will present the problem with the mentee and rest of the group will propose solutions.
Faculty facilitator for each group

12:15pm-1:45pm: **Networking lunch**

1:45-3:45pm: **Experiences in Developing Mentoring - Challenges and Successes (Other Regions in Latin America)**

Presentations of mentoring programs from the various regions represented – series of faculty talks from different countries represented at the meeting

- Adriana Carolina Vargas Ojeda PhD**, Coordinator of Graduate Studies and Research Faculty of Medicine and Psychology, Autonomous University of Baja California, Mexico
- Luis Cubilla-Rios PhD**, Professor of Organic Chemistry, University of Panama, Panama
- José M. Belizán MD, PhD**, Institute for Clinical Effectiveness and Health Policy (IECS), Argentina
- Gulherme Ribeiro MD, MS, PhD**, Associate Professor of Epidemiology and Collective Health
- Willy Lescano MHS, PhD**, NAMRU-6, Peru

Moderator: A. Fernandez

3:45-4:00pm: **Coffee Break**

4:00-5:00pm: **Close of session speech: Mentoring in global health research** (Live feed with Q&A)
King Holmes MD PhD, Chair, University of Washington Department of Global Health; Professor, Departments of Medicine and Global Health

5:00-5:15pm: **Post-workshop survey**

5:15-5:30pm: **Wrap-up, action points and summary:**
P. Garcia, M. Gandhi

Journal articles: Shah SK, Nodell B, Montano SM, Behrens C, Zunt JR. Clinical research and global health: Mentoring the next generation of health care students *Glob Public Health*. 2011;6(3):234-46. doi: 10.1080/17441692.2010.494248.

Straus SE, Johnson MO, Marquez C, Feldman MD. Characteristics of Successful and Failed Mentoring Relationships: A Qualitative Study Across Two Academic Health Centers. *Acad Med*. 2013 Jan;88(1):82-89